Health literacy is a stronger predictor of health than age, income, employment status, educational level, or race.

https://pediatrics.aappublications.org/content/138/6/e20161937
Cultural Competence & Empathy

Research shows that cultural competence and empathy play a direct role in positively impacting patient outcomes in diverse populations.

Although US hospital systems have begun to realize this, patients should be cognisant of how socio-economic status, cultural differences, and provider empathy can directly impact the quality of healthcare provided to them and should shape how they seek care.

https://greatergood.berkeley.edu/article/item/building_empathy_in_healthcare
Comparator - Health IQ

Series of games and quizzes developed by CDC to improve health literacy

Higher health IQ score linked to lower rates of chronic diseases and lower healthcare costs*

Does not focus on healthcare literacy, but interesting approach