LOG DAILY SYMPTOMS

TRACK HEALTH OVER TIME CHECK ON FRIENDS

GROW YOUR GARDEN









DAILY SELF-HELP WITH FRIENDS



DESIGN PROCESS:

1. Needfinding







PROBLEM

How can users feel confident & enjoy self assessment & tie this to community?

SOLUTION

An idle game where the user answers **daily** questions about their wellbeing to earn rewards, expand their gardens & get health insights over time. Users visit friends' gardens to chat & share rewards.

3. Low-FI



4. Med-Fi

