



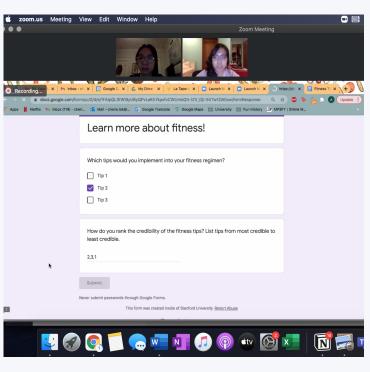
Problem

Fitness beginners are often too intimidated to ask for help at the gym out of fear and guilt of wasting an experienced gym-goer's time

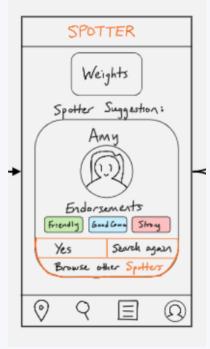
Process



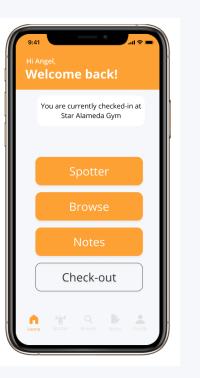
Defining Problem/Solution Space



Fieldwork/Testing



Lo-Fi Prototype

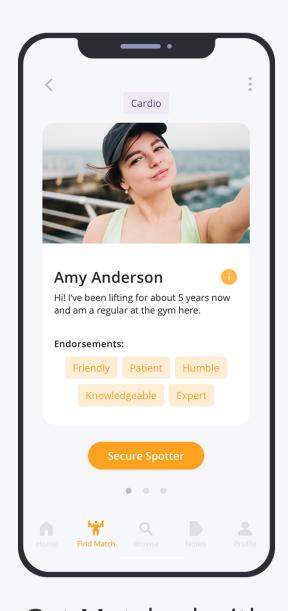


Med-Fi Prototype

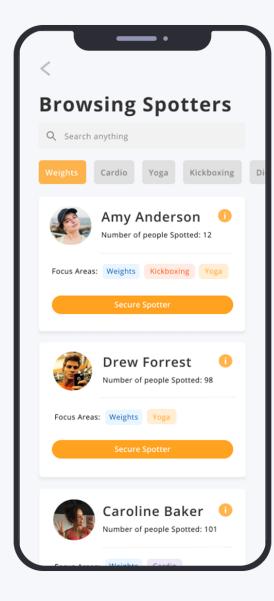
Get Matched with

Solution

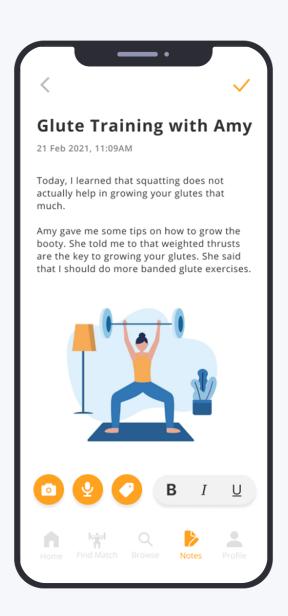
Empower beginners to seek help at the gym by highlighting experienced gym-goers ("Spotters") who are willing to help



a Spotter



Browse Available Spotters



Take Notes on Learnings