

chillzone

It only takes 5 minutes to find inner peace.

Problem

People are **stressed**, but think they **don't have enough time** to focus on their physical and mental health.

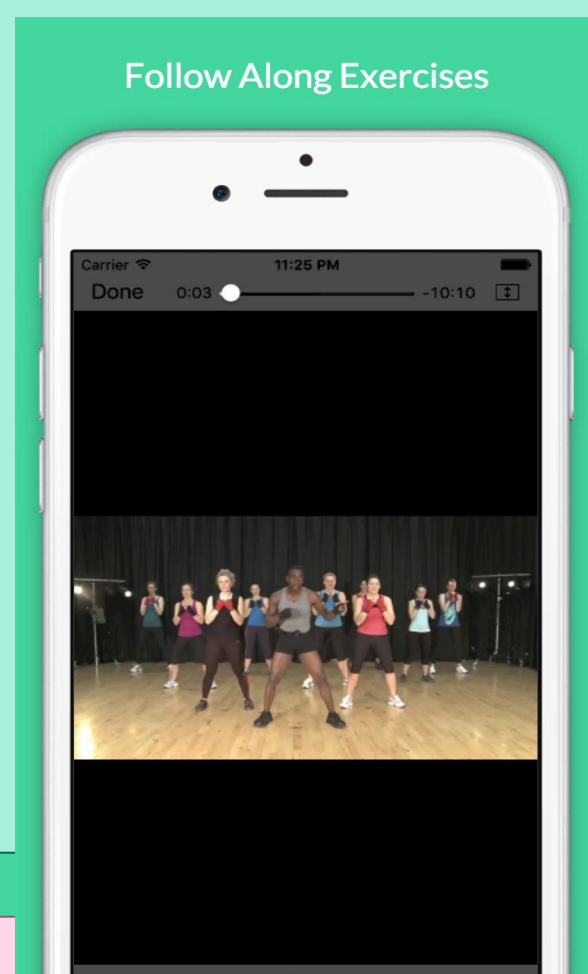
The Chill Zone Proposition

Chillzone helps those with busy schedules **quickly and easily find the healthy exercises** they can perform **during small pockets of free time** throughout the day.

Our Solution | Key Features



Quickly find healthy exercises or relaxing techniques, regardless of how much (or little) time you have.

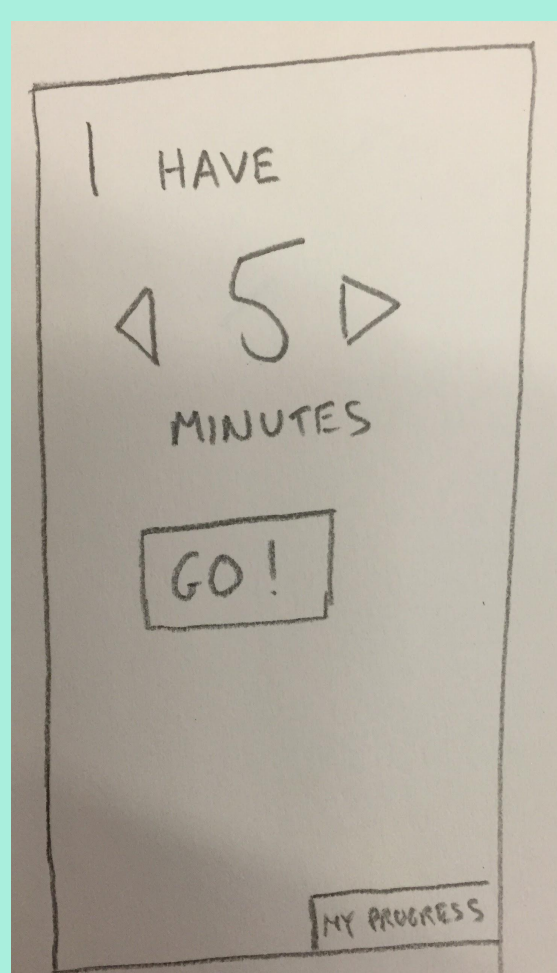


Track your progress as you develop healthier habits



Share your favorite exercises with your friends.

Design Iteration Process

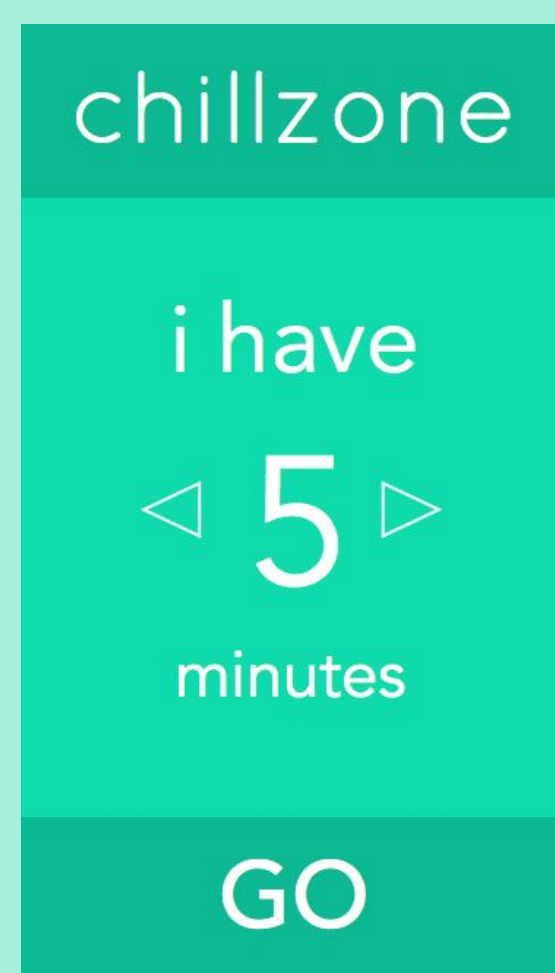


Paper Prototype

User Testing

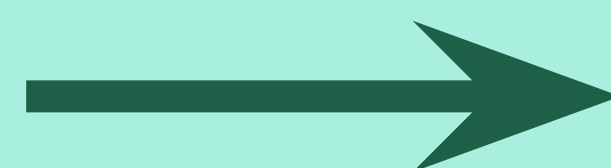


Visualize key task flows: Accessing and engaging exercises, tracking progress and sharing with friends.

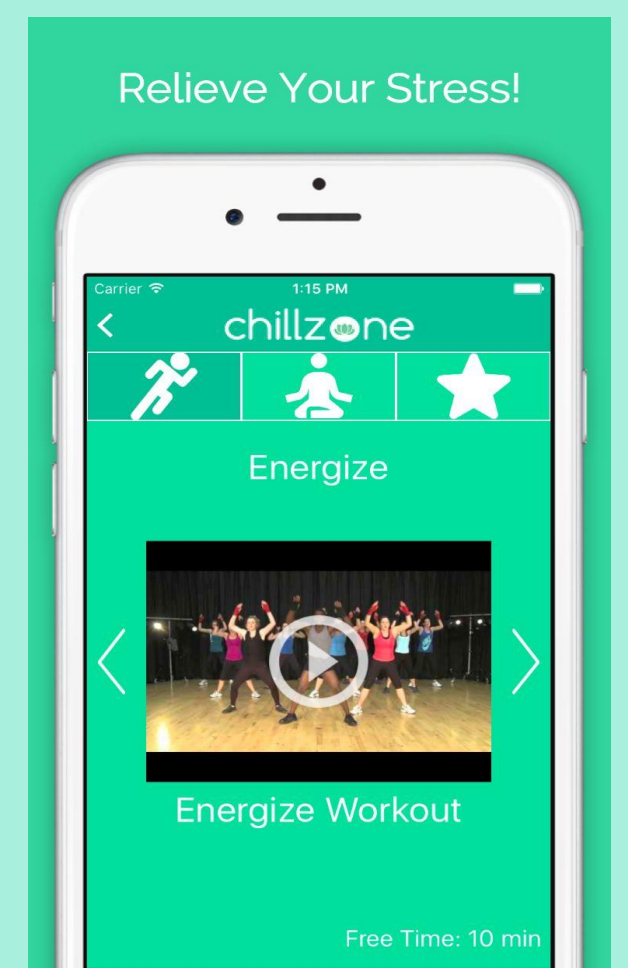


iOS Sketch Wireframe

Expert Evaluation



Refining flows: Full-fledged video choice with swipe gesturing. Social integration.



iPhone App