

Chillzone Hi-Fi Prototype README

The Hi-Fi prototype is available for download from our website and we are excited for you to enter the Chillzone!

The prototype is a native iOS application, and we were able to implement all features needed to complete the tasks. To install the app, simply download the file and open it in iTunes. If you get an error message stating that your security preferences doesn't allow apps from unidentified developers, you must change your settings within System Preferences.

Once you download the app, get a quick stress relieving exercise by selecting the amount of time you have free and follow along to one of the videos that pop up. We will be adding more content soon so that you can get an even wider variety of exercises. Sharing functionality was also implemented, so if you like the exercise that you completed, share it on Facebook or Twitter and get your friends into the Chillzone. You also get "chill points" every time you do an exercise, so do more exercises and not only will you feel better, but your chill points will go up! You can also see your progress over time and track how much time you have been spending to become healthier.

The only limitation is the limited number of exercises that we were able to provide, but we are working on finding more content. Another feature that we want to implement in the future is the ability to offer exercises based on the user's preferences. There is no hard-coded data in our Hi-Fi prototype, so you will get the full Chillzone experience.

We hope you enjoy Chillzone!