



Hi-Fi Midway Milestone

*The Dream Team*

sleep more, live better.

People lose countless hours of quality sleep to homework and technological distractions, such as late-night use of their computers or phones.

We aim to change this by inspiring users to consistently set and reach their sleep goals, tracking users' sleep debt, and helping users leverage sleep to improve their lives overall.

# TD;LR

**Problem:** People don't get enough sleep

**Solution:** Set bedtime goals and hit them

# Roadmap

Tasks

Heuristic Eval Results

Design Revisions

Current Status

Gameplan

Demo

# Roadmap

## Tasks

Heuristic Eval Results

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# Tasks

**Simple:** Go to bed at bedtime goal

**Moderate:** Set a schedule and goals

**Complex:** See your progress and adjust

# Roadmap

Tasks

## **Heuristic Eval Results**

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Demo



# Heuristic Eval Results

# Heuristic Eval Results

## (1) Home Screen

# Heuristic Eval Results

(1) Home Screen

(2) Clock Logic

# Heuristic Eval Results

(1) Home Screen

(2) Clock Logic

(3) Navigation

# Heuristic Eval Results

(1) Home Screen

(2) Clock Logic

(3) Navigation

(4) Fix Me

# Heuristic Eval Results

(1) Home Screen

(2) Clock Logic

(3) Navigation

(4) Fix Me

(5) Progress Screens

# Roadmap

Tasks

Heuristic Eval Results

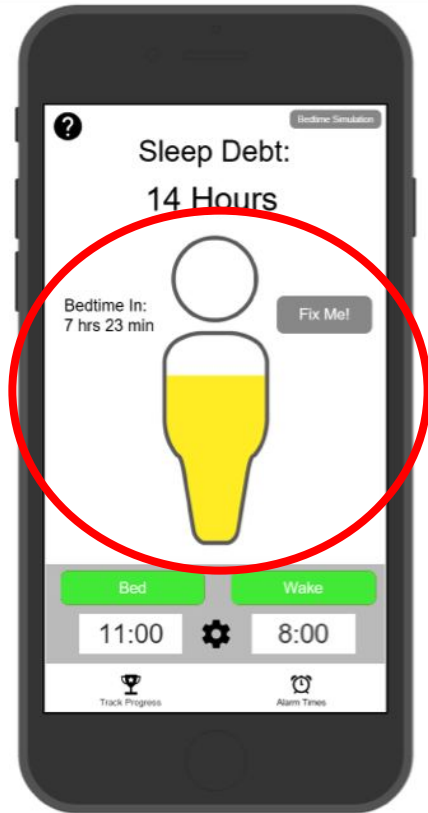
## **Design Revisions**

Current Status

Gameplan

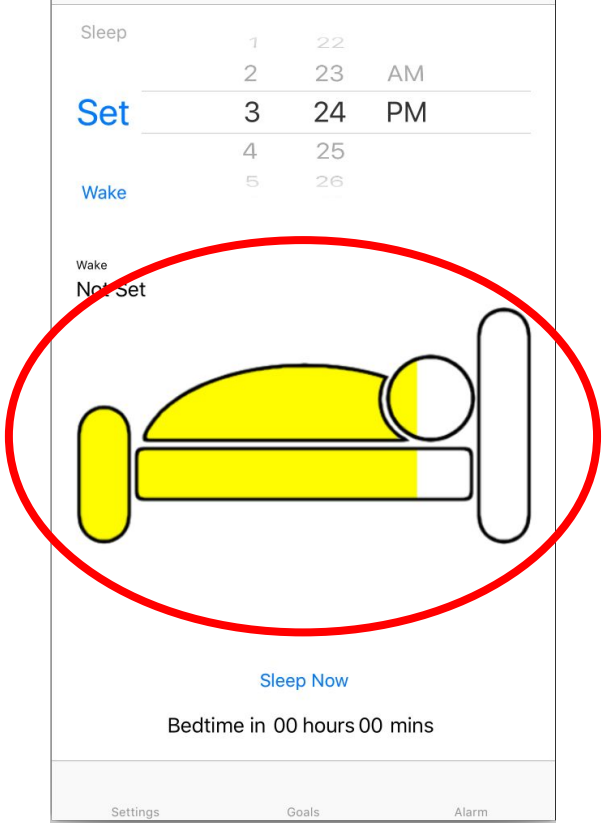
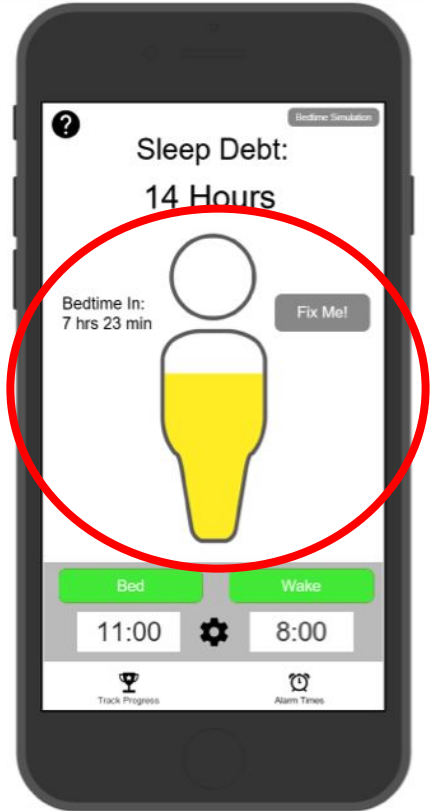
Demo

# Design Revision: Home Screen

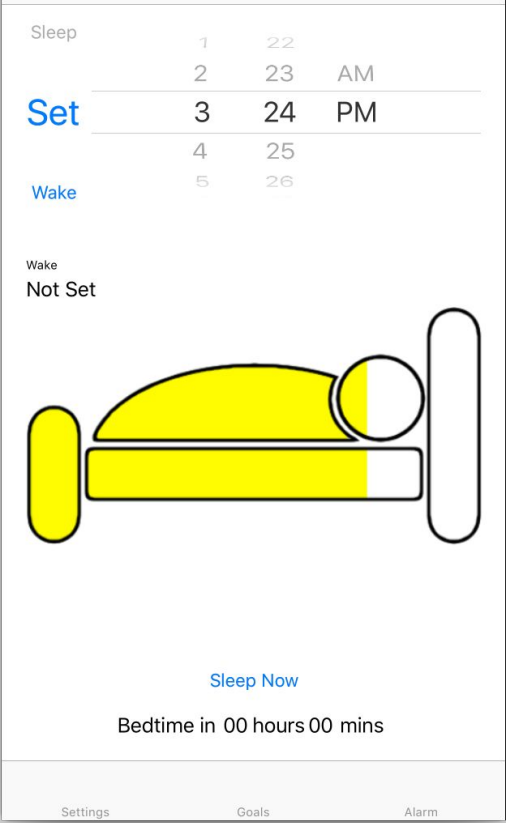




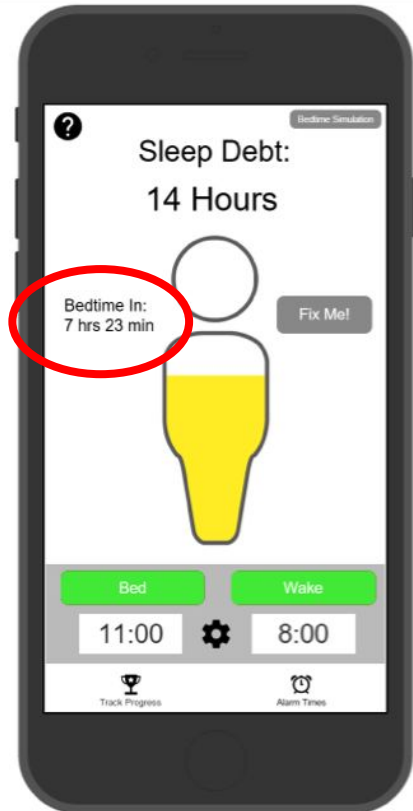
# Design Revision: Home Screen



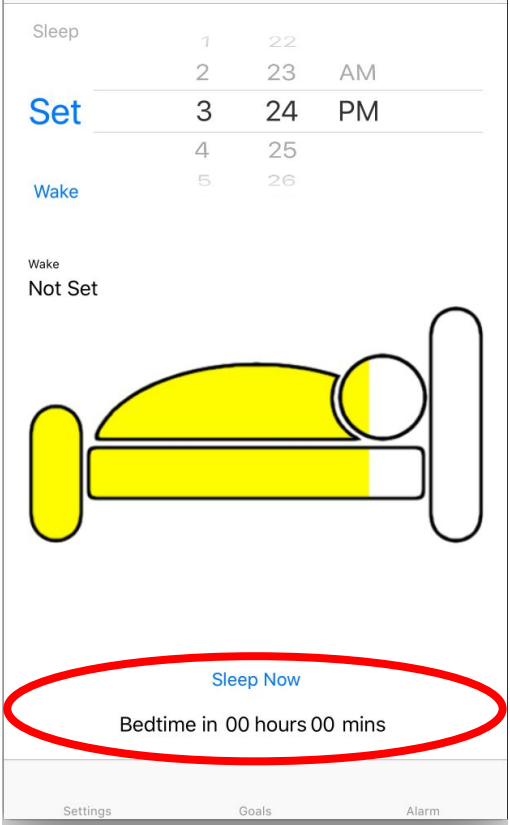
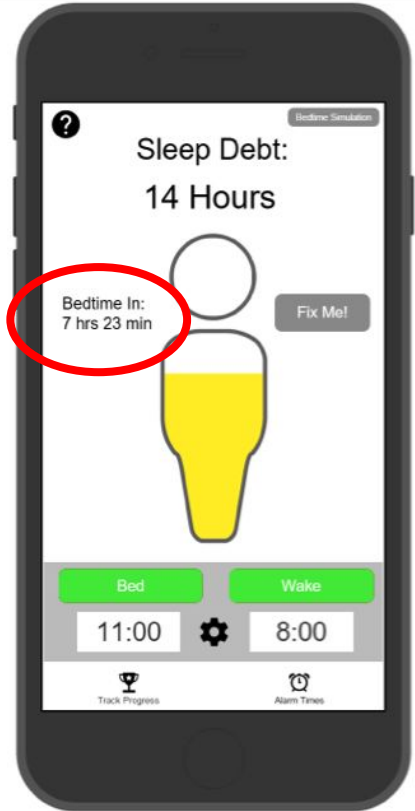
# Design Revision: Home Screen



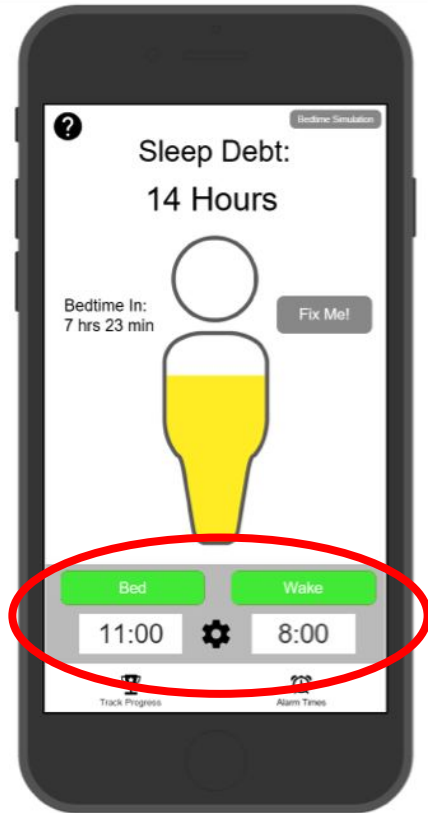
# Design Revision: Home Screen



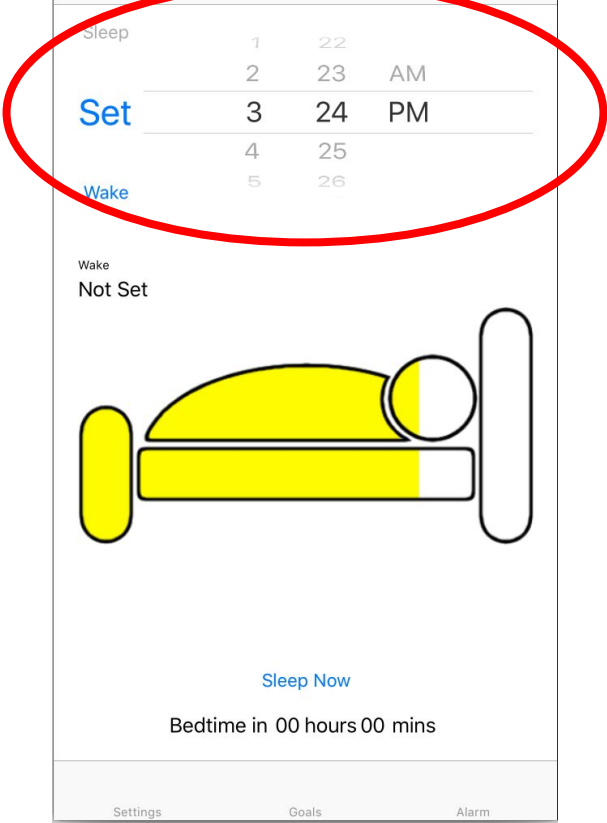
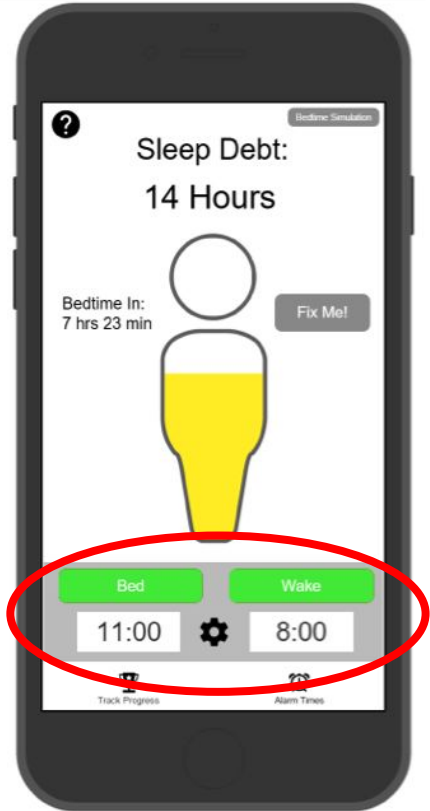
# Design Revision: Home Screen



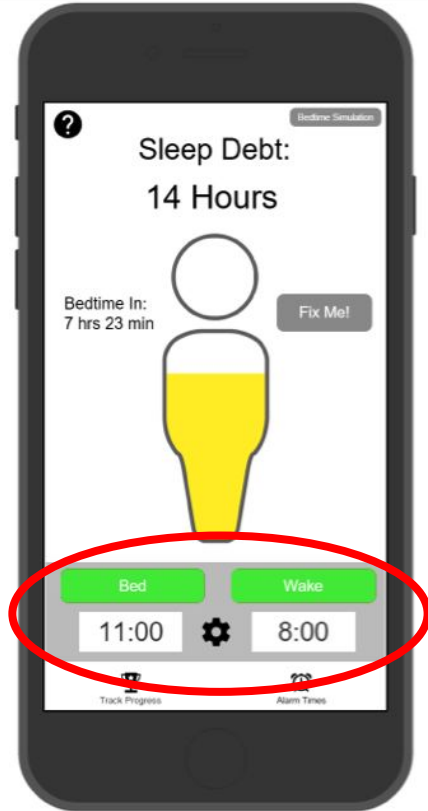
# Design Revision: Home Screen



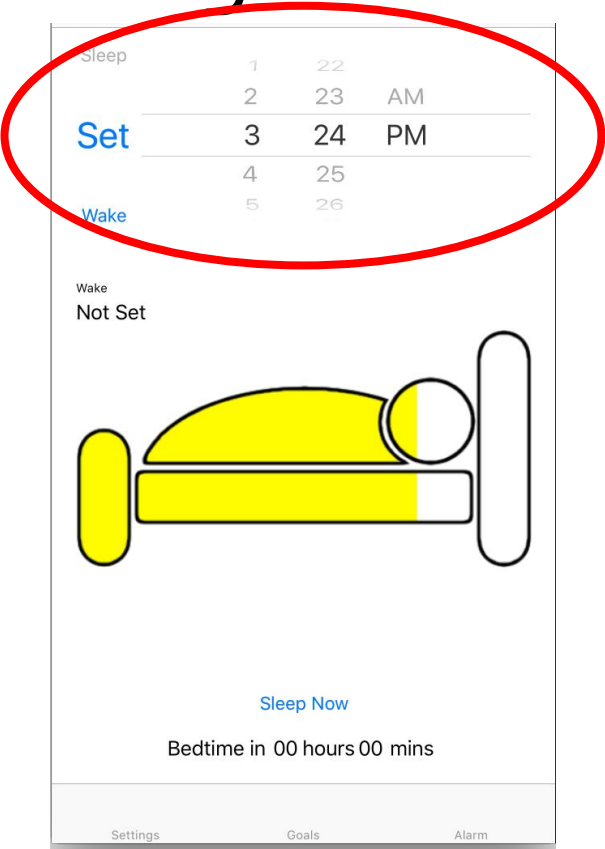
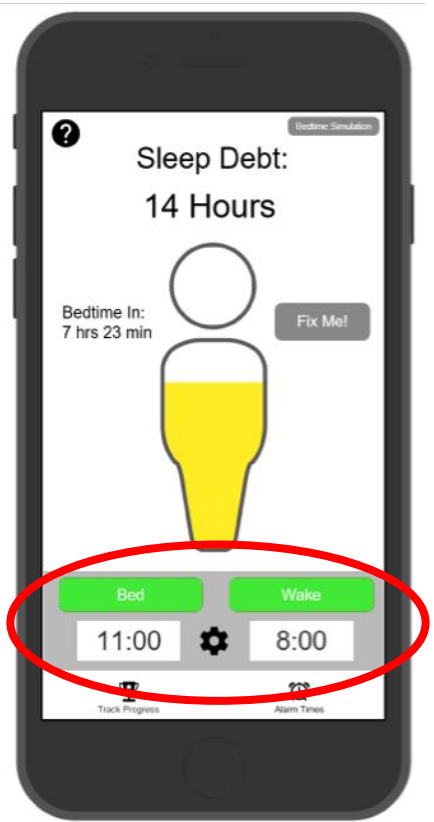
# Design Revision: Home Screen



# Design Revision: Clock Logic

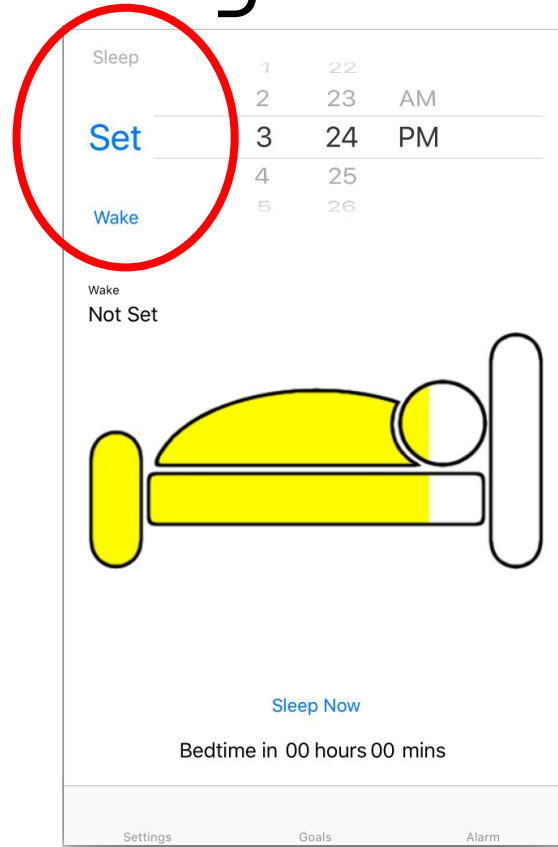
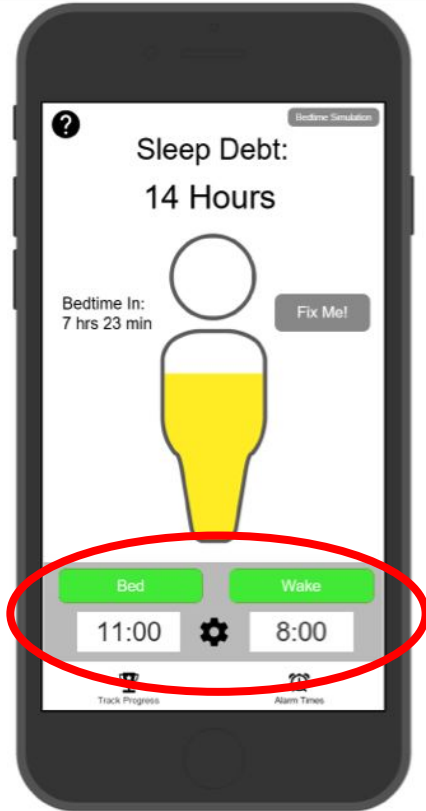


# Design Revision: Clock Logic

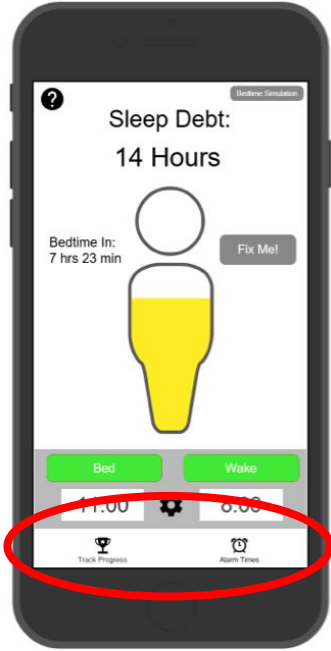




# Design Revision: Clock Logic



# Design Revision: Navigation



Home Nav Bar



Progress Nav Bar

Smartphone screen showing "Fix Me" with a table of sleep schedules. A red circle highlights the bottom navigation bar.

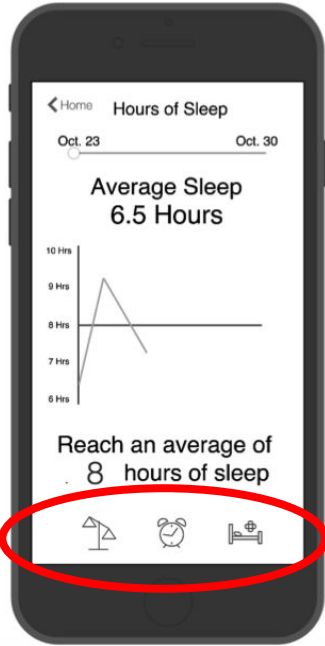
	Bed	Wake	Accept
M	11:00	8:00	<input type="checkbox"/>
T	11:00	8:00	<input type="checkbox"/>
W	11:00	8:00	<input type="checkbox"/>
Th	11:00	8:00	<input type="checkbox"/>
F	11:00	8:00	<input type="checkbox"/>
S	11:00	8:00	<input type="checkbox"/>
Su	1:00	8:00	<input type="checkbox"/>

No Nav Bar

# Design Revision: Navigation



Home Nav Bar

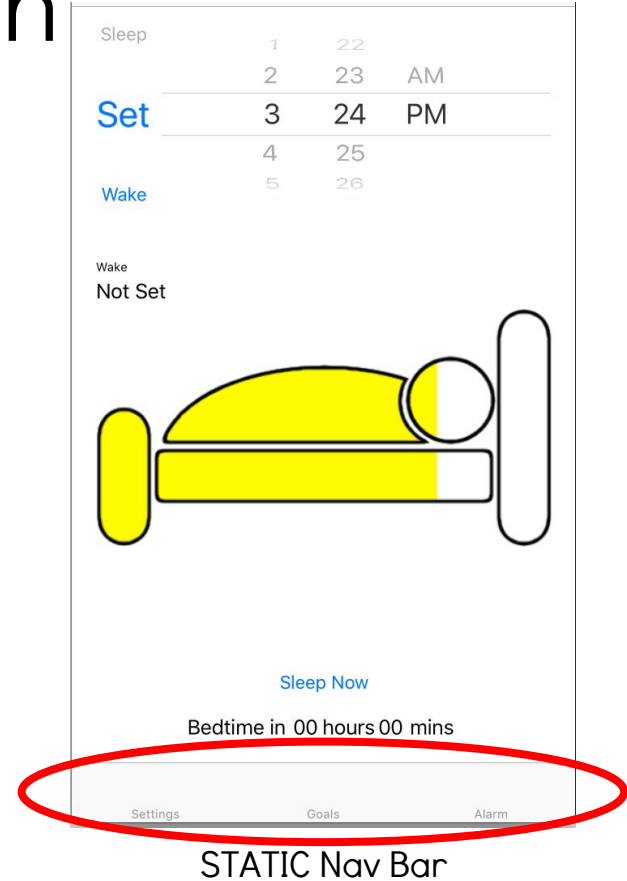


Progress Nav Bar

Smartphone screen showing "Fix Me" with a table of bed and wake times for each day of the week. The bottom navigation bar is circled in red.

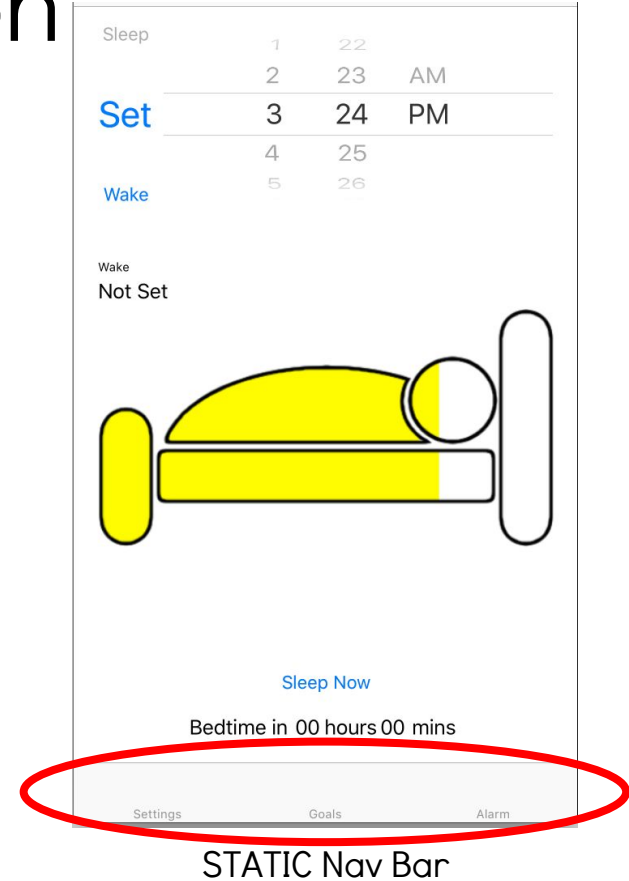
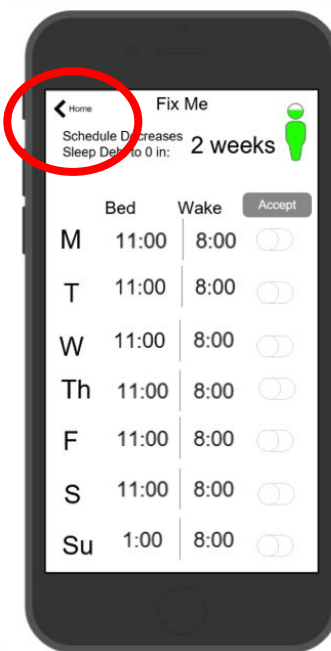
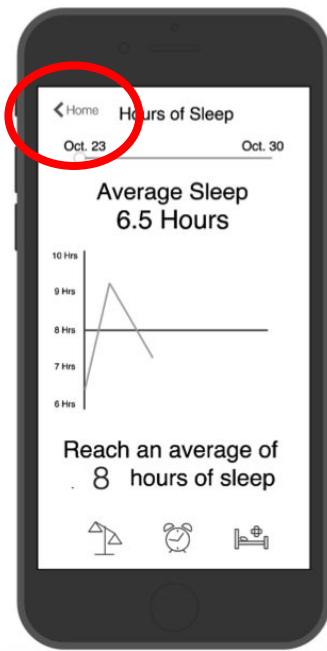
	Bed	Wake	Accept
M	11:00	8:00	<input type="checkbox"/>
T	11:00	8:00	<input type="checkbox"/>
W	11:00	8:00	<input type="checkbox"/>
Th	11:00	8:00	<input type="checkbox"/>
F	11:00	8:00	<input type="checkbox"/>
S	11:00	8:00	<input type="checkbox"/>
Su	1:00	8:00	<input type="checkbox"/>

No Nav Bar



STATIC Nav Bar

# Design Revision: Navigation



# Roadmap

Tasks

Heuristic Eval Results

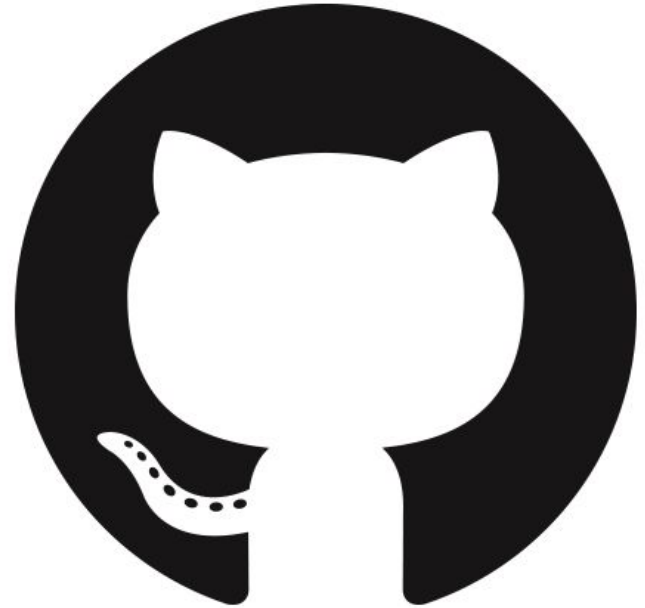
Design Revisions

## **Current Status**

Gameplan

Demo

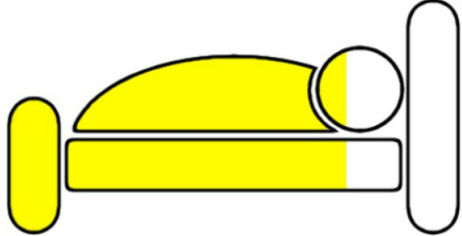
# Current Status: Tools



# Current Status: Task #1 Features

Sleep	1	22	
	2	23	AM
<b>Set</b>	3	24	PM
	4	25	
<b>Wake</b>	5	26	

Wake  
Not Set



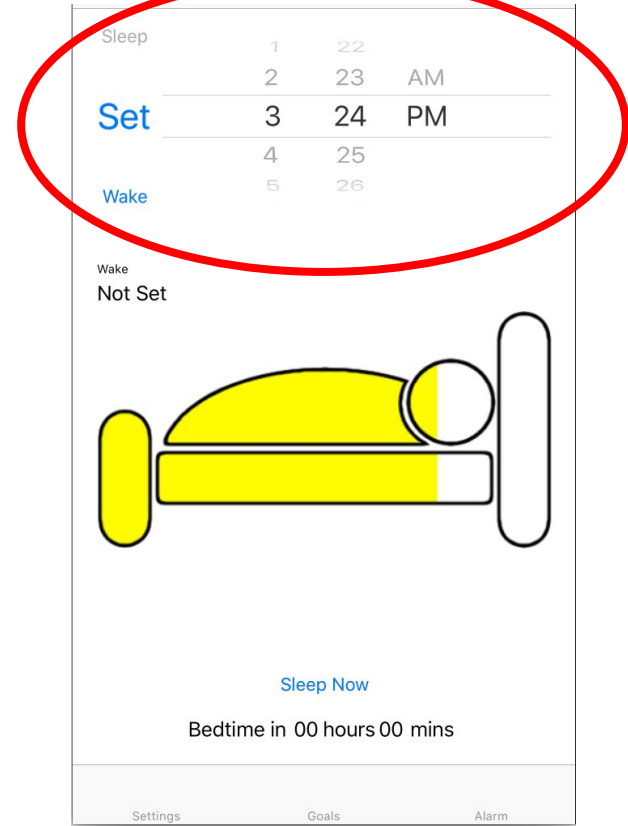
[Sleep Now](#)

Bedtime in 00 hours 00 mins

Settings      Goals      Alarm

# Current Status: Task #1 Features

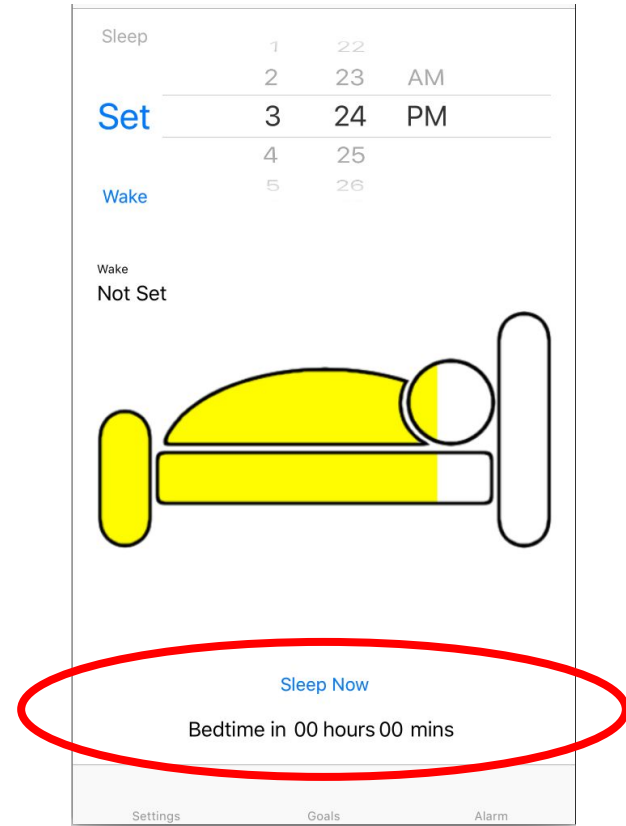
- setting bed & wake time alarms





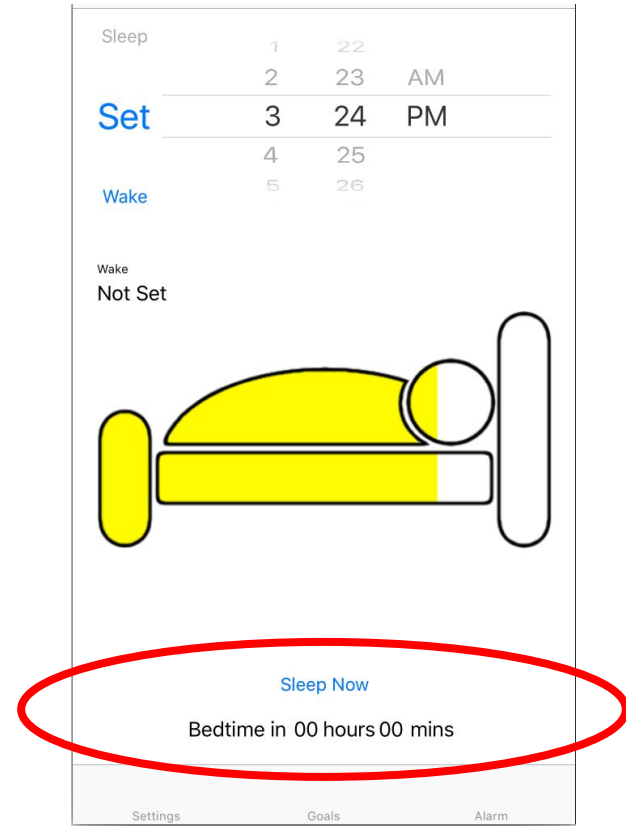
# Current Status: Task #1 Features

- setting bed & wake time alarms
- bedtime countdown



# Current Status: Task #1 Features

- setting bed & wake time alarms
- bedtime countdown
- “Sleep Now” button



# Current Status: Task #1 Features

- setting bed & wake time alarms
- bedtime countdown
- “Sleep Now” button
- sleep debt tracking

How many hours of sleep do you **want** to get each night?

8 hrs 0 min

- +

How many hours of sleep do you **actually** get each night?

7 hrs 0 min

- +

Debt = 21 hrs 0 min

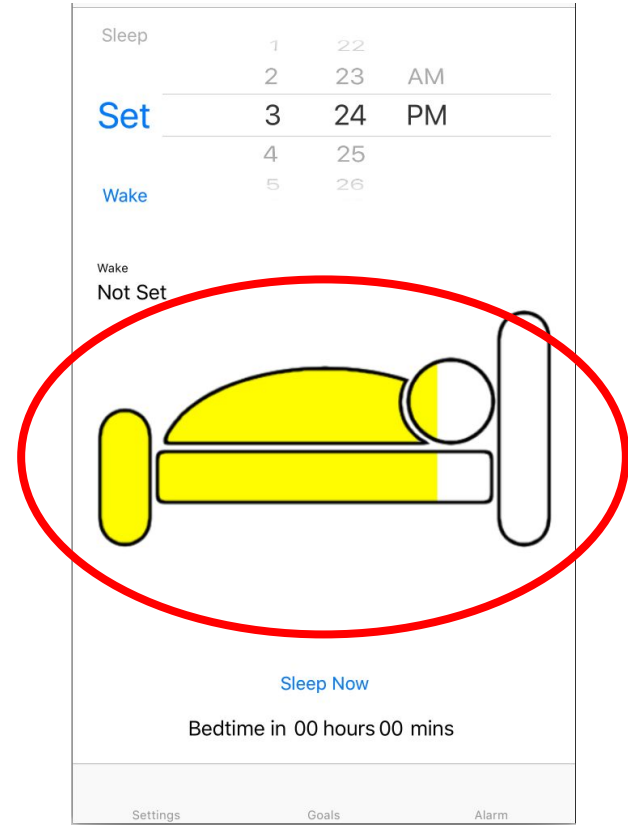
87 %

Set Up!

A red oval highlights the "Debt = 21 hrs 0 min" and "87 %" text.

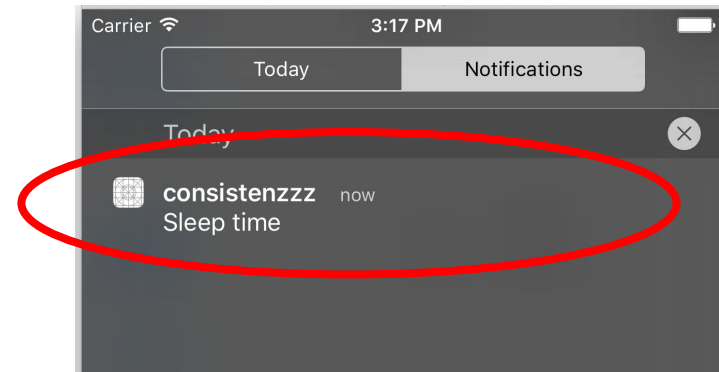
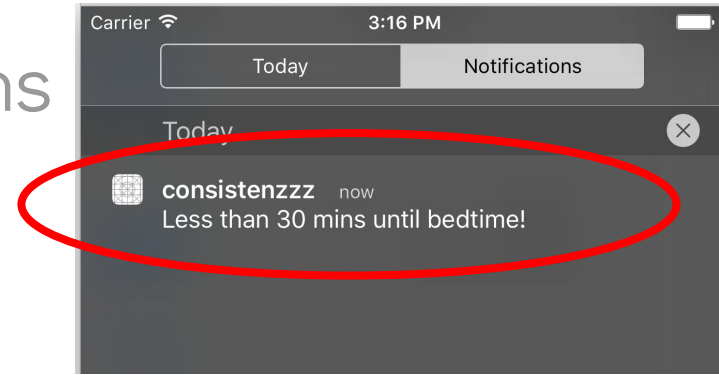
# Current Status: Task #1 Features

- setting bed & wake time alarms
- bedtime countdown
- “Sleep Now” button
- sleep debt tracking



# Current Status: Task #1 Features

- setting bed & wake time alarms
- bedtime countdown
- “Sleep Now” button
- sleep debt tracking
- receiving alerts



# Roadmap

Tasks

Heuristic Eval Results

Design Revisions

Current Status

**Gameplan**

Demo

# Game Plan

# Game Plan

- refine navigation bar



# Game Plan

- refine navigation bar
- Task #2 & #3 features

# Game Plan

- refine navigation bar
- Task #2 & #3 features
- educational component

# Game Plan

- refine navigation bar
- Task #2 & #3 features
- educational component
- NO hard coding data or Wizard of Oz

# Game Plan

- refine navigation bar
- Task #2 & #3 features
- educational component
- NO hard coding data or Wizard of Oz
- user testing

# Game Plan

- refine navigation bar
- Task #2 & #3 features
- educational component
- NO hard coding data or Wizard of Oz
- user testing
- consistency in design

# Roadmap

Tasks

Heuristic Eval Results

Design Revisions

Current Status

Gameplan

**Demo**

# Demo: Task #1

questions?